



The Rockland Nats Junior 'A' Hockey Club invites you to register to be a member of the **2018 CDHL Nats**. The Central Development Hockey League has launched its 5th season with teams operating in Eastern Ontario.

The league members are all current operators of Junior A programs and as such, are preparing current and future players with the unique opportunity to participate in a Junior environment. In addition, players will be provided with an inclusive development program that can include an

off ice training program, discounted equipment and a discounted Prospects Camp entry fee.

All member teams provide their players with a 16 game regular season schedule, 8 practices (16 hours) and a season ending playoff tournament. In keeping with the unique development aspect of the league, the rules of play will emphasize skill enhancement and promote opportunities for next level exposure. The season begins the last weekend in April and concludes in late June.



Unlike programs run by private individuals, this interactive approach provides game experience along with instruction and training by actual Junior 'A' coaches who are currently running programs. This is a requirement for operation in the CDHL to ensure the important element of exposure is built into the equally important development and skill enhancement part of the program.

|  |  |   |   |
|--|--|---|---|
| <p><b><u>Start and End Dates</u></b></p> <p>The season begins the last weekend in April 2018 and ends the last weekend in June 2018.</p> | <p><b><u>Practice and Games</u></b></p> <p>The CDHL Nats will play their home games at the CIH Academy. They will play a 16-game regular season followed by a season ending playoff tournament. Each team will provide 16 hours or practice during the 8 week program.</p> | <p><b><u>Age Limits</u></b></p> <p>Eligible players must be born in 2003, 2002 and 2001. Each team may have a maximum of 5 2000 born players. The team will consist of 12 forwards, 6 defenses and 2 goaltenders.</p> | <p><b><u>Registration Fees</u></b></p> <p>The cost to participate in the CDHL is 1750.00\$ +HST. As a bonus, players will get a discounted entry to the Junior A June Prospects Camp (150\$ off).</p> |
|--|--|---|---|

Yours in Hockey,

***Dan Sauvé***

Dan Sauvé, Head Coach & General Manager  
Rockland Nats Junior 'A' Hockey Club

For more info please contact me:  
[dansauve9@gmail.com](mailto:dansauve9@gmail.com) or

**613-298-5692**

**2018 CDHL NATS - REGISTRATION FORM**

|                    |                             |
|--------------------|-----------------------------|
| PLAYER NAME:       | DATE OF BIRTH (dd/mm/yyyy): |
| HOME ADDRESS:      | CITY/TOWN:                  |
|                    | POSTAL CODE:                |
| MOTHER'S NAME:     | FATHER'S NAME:              |
| EMAIL ADDRESS:     | EMAIL ADDRESS:              |
| CELL NUMBER:       | CELL NUMBER:                |
| CURRENT TEAM:      | LEVEL:                      |
| POSITION:          | CATCHES:                    |
| SHOOTS:     L or R | JERSEY # (LIST 3 CHOICES):  |
| EMERGENCY CONTACT: | EMERGENCY CONTACT #:        |
| MEDICAL ISSUES:    |                             |

**Please return this completed form with payment to:**

Rockland Nationals Junior A  
995 Belvedere Avenue  
Rockland, Ontario  
K4K 1H3

Please include your cheque in the amount of \$1977.50 (\$1750.00 plus HST), made payable to:

**Rockland Nationals Junior A**

Or

Send payment via E-Transfer to : RocklandNatsJrA@hotmail.com with password as: **cdhlnats**